



Equal Choices

Equal Chances



Worksheet 1

John and Ellen's day

John and Ellen are twins. They are 16 years old. This is a story about their lives on a normal school day.

One twin gets up early at six in the morning, leaves the bed unmade and goes off to do a paper round. The other twin stays in bed until their dad knocks on the door at seven, gets up, makes the bed and goes down to the kitchen.

By this time, the twin that has done the paper round has come back to the house and the family has breakfast together. One twin makes their own toast and gets their own cereal. The other twin waits for the toast to be made by their dad.

The first lesson of the day is Maths with Mrs Brown. There is a Maths test today. One twin does really well on the test and the other makes a lot of mistakes.

The second lesson of the day is PE. Mr Edge lets pupils choose from three activities. One twin chooses football and the other twin chooses gymnastics.

During lunch break one twin goes out to the playing field to sunbathe and talk to friends. The other twin goes to the IT room and plays computer games.

After lunch, the twins have a cookery lesson. One twin bakes a really good cake, which the teacher says is the best in the class, and the other twin doesn't cook anything because they've left their ingredients at home.

It's afternoon break next. Both twins go to the toilet. One twin checks their reflection in the mirror and brushes their hair. The other twin doesn't look in the mirror at all and goes straight out to find their friends.

After dinner with their parents, one twin goes upstairs straight away to do their homework and the other twin watches TV for an hour or so. Before bed, one twin kisses their mum and dad good night, and the other shouts 'good night' down the stairs.





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Worksheet 2

John and Ellen's day

Which twin do you think did what? Answer each question by circling the name of the twin.

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|---|------|-------|
| 1. Who does a paper round in the morning? | John | Ellen |
| 2. Who makes their own bed? | John | Ellen |
| 3. Who gets their own breakfast? | John | Ellen |
| 4. Who does well on their Maths test? | John | Ellen |
| 5. Who plays football in PE? | John | Ellen |
| 6. Who plays computer games during lunchtime? | John | Ellen |
| 7. Who sunbathes and chats to their friends at lunch? | John | Ellen |
| 8. Who bakes a good cake? | John | Ellen |
| 9. Who forgets the ingredients for their cake? | John | Ellen |
| 10. Who checks their reflection in the mirror? | John | Ellen |
| 11. Who does their homework straight after dinner? | John | Ellen |
| 12. Who kisses their mum and dad good night? | John | Ellen |





Worksheet 3

Challenging stereotypes

These groups of people often have stereotypes attached to them. What do you think the stereotypes might be for each? The first one has been done for you.

Young children Example: Noisy	Teenagers
People who wear glasses	Old people
Women with blonde hair	Scientists

